



2024 ASA NATIONAL FIXTURES LIST

Version 2 – As of 12/01/2024

Key: I-International; N National; P- Provincial; A- Associate; OR: Off-Road Running; RR: Road Running; T&F: Track and Field; RW: Race Walking ; CC: Cross Country

Activity	Date	Day	Event	Venue	Organiser	Contact Details
JANUARY						
National	27 January	SAT	Elite Athletes and Coaches Meeting	Southern Sun O.R. Tambo International Airport	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
National	27 January	SAT	ASA AWARDS	Southern Sun O.R. Tambo International Airport	ASA Mphoase Shembeni	073 268 9193 MphoaseS@athleticssa.co.za
FEBRUARY						
I – CC	17 - 18 February	SAT – SUN	FISU World Cross Country Championships	Oman, MUSCAT	USSA Jazz Mnyengeza	076 262 9752 mnyengezammb@tut.ac.za
I - RR	25 February	SUN	Runified City 50km incorporating ASA 50km Championships	Marine Park, GQEBERHA	EPA Mike Mbambani ASA Thabang Maleka	079 149 6796 epa@pe.co.za 076 133 6131 ThabangM@athleticssa.co.za
I - RR	25 February	SUN	Capital City Marathon	Pietermaritzburg Msunduzi Athletics Stadium	Mthokozisi Ndwandwe	071 652 2649 Info@capitacity42.co.za
MARCH						
I - T&F	01 – 03 March	FRI – SUN	World Athletics Indoor Championships	GLASGOW, SCOTLAND	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
N - RW	02 March	SAT	ASA 20km Race Walking Championships & Open International	Cape Town, Youngsfield Military Base	ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za
P – RR	02 March	SAT	SPAR Women's Grand Prix Series	Gqeberha	Dineo Diphoko	083 300 8268 Dineo.@thebldroup.com
P – T&F	8 – 9 March	FRI - SAT	ASA Provincial Track & Field Championships	Across all 17 ASA Provinces	Provinces	Provinces
N – RR	10 March	SUN	Race to Equality 10km & 21km incorporating Motsepe Foundation ASA 10km Championships	Central Gauteng Athletics Venue: Marks Park Sports Club	ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za
I – T&F	14 March	THUR	ASA Athletics Grand Prix 1 / Continental Tour Challenger	NWU McArthur Stadium,	ASA	076 037 6227

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I – T&F	18 – 22 March	FRI - THUR	African Games	Potchefstroom Accra, GHANA	Hezekiel Sepeng ASA Hezekiel Sepeng	hezekiel@athleticssa.co.za 076 037 6227 hezekiel@athleticssa.co.za
I – T&F	18 March	MON	ASA Athletics Grand Prix 2 / Continental Tour Challenger	Athletics Gauteng North Venue: TUKS	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
A – T&F	20 – 25 March	Wed – Mon	SASAPD Toyota National Championships	Bloemfontein, Mangaung	SASAPD Lappies Swanepoel	073 793 2992 lappies.atletiek@gmail.com
N – T&F	21 – 23 March	THU - SAT	ASA U/16, U/18 (YOUTH), U/20 (JUNIOR) & U/23 Track & Field National Championships	Pilditch Stadium, Pretoria West	ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za
P – RR	24 March	SUN	SPAR Women's Grand Prix Series	Cape Town	Dineo Diphoko	083 300 8268 Dineo.@thebldroup.com
A – T&F	24 – 26 March	SUN - TUE	Primary Schools National Championships	Limpopo Province	SASA Yvonne Schalk	076 766 7662 Yvonne.Schalk@gauteng.gov.za
I – T&F	27 March	WED	ASA Athletics Grand Prix 3 / Continental Tour Challenger	University of Johannesburg Athletics Track	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
I – CC	30 March	SAT	World Athletics Cross Country Championships	Belgrade, SERBIA	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
P – RR	31 March	SUN	CITY 2 CITY 50km ULTRA MARATHON	Centurion (PTA) to Wanderers (JHB)	CGA & AGN ASA	mandla@centralgautengathletics.co.za gm@agn.co.za
APRIL						
A – T&F	03 – 06 April	WED - SAT	High Schools National Championships	Eastern Cape Province	SASA Yvonne Schalk	076 766 7662 Yvonne.Schalk@gauteng.gov.za
A – T&F	04 – 06 April	THU – SAT	USSA Track & Field Championships	Stellenbosch, Cape Town	USSA Jazz Mnyengeza	076 262 9752 mnyengezammb@tut.ac.za
P – RR	07 April	SUN	Absa RUN YOUR CITY Gqeberha 10K	Gqeberha	Sue Forge	083 456 1015 sue.forge@stillwatersports.com
P – RR	13-14 April	SAT - SUN	Two Oceans Ultra Marathon 56km (AIMS)	Cape Town	Lindy-Joy Dennis	021 200 0459 lindy@twooceansmarathon.org.za
P – RR	20 April	SAT	Nashua Loskop Ultra-Marathon Series	Mpumalanga	Hein Koch	073 424 5984
N – T&F	18 – 21 April	THU - SUN	ASA Senior Track & Field National Championships and Multi Events + Relays	Msunduzi Athletics Stadium, KwaZulu Natal	ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za
I – RW	21 April	SUN	World Athletics Race Walking Team Championships	Turkey	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
P - T&F	26 April	FRI	Cape Milers Club/Endurocad Middle distance Invitational 1 Continental Tour Challenger	Green Point Stadium, Cape Town	Francois Van Rensburg	0644931486 Francois.capemilersclub@gmail.com
N – RR	28 April	SUN	Durban International Marathon incorporating ASA Marathon Championships	Durban, KwaZulu Natal	ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za

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P - T&F	29 April	MON	Cape Milers Club/Endurocad Middle distance Invitational 2 Continental Tour Challenger	Coetzenburg, Stellenbosch Cape Town	Francois Van Rensburg	064 493 1486 Francois.capemilersclub@gmail.com
MAY						
A - T&F	2 - 4 May	THUR - SAT	SAMA Championships	Potchefstroom	SAMA Ansie Hennop	083 455 3001 hennop@absamail.co.za
I - T	4 - 05 May	SAT - SUN	World Athletics Relays' Championships	BAHAMAS	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
I - RR	12 May	SUN	Absa RUN YOUR CITY CAPE TOWN 10K	Cape Town	Sue Forge	083 456 1015 sue.forge@stillwatersports.com
JUNE						
I - T&F	TBC	TBC	FASU Africa Student Games	TBC	USSA Jazz Mnyengeza	076 262 9752 mnyengezamb@tut.ac.za
N - RR	01 June	SAT	ASA Half Marathon Championships incorporating NMB Half Marathon	Pollock Beach, Summerstrand, Gqeberha	ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za
I - RR	09 June	SUN	Comrades Marathon	Pietermaritzburg	Rowyn James	079 501 0061 rowyn@comrades.com
I - T&F	19 -23 June	WED - SUN	23rd African Senior Championships	Yaoundé , Cameroon	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
P - RR	23 June	SUN	SPAR Women's Grand Prix Series	Durban, KwaZulu Natal	Dineo Diphoko	083 300 8268 Dineo.@thebldroup.com
JULY						
I - T&F	TBC	TBC	CUCSA Student Games	Namibia	USSA Jazz Mnyengeza	076 262 9752 mnyengezamb@tut.ac.za
I - RR	07 July	SUN	Absa RUN YOUR CITY DURBAN 10K	Durban	Sue Forge	083 456 1015 sue.forge@stillwatersports.com
I - RR	13 July	Sat	SPAR Women's Grand Prix Series	Mbombela	Dineo Diphoko	083 300 8268 Dineo.@thebldroup.com
AUGUST						
I - T&F	01 - 11 August	THU - SUN	Olympic Games	PARIS, FRANCE	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
P - RR	03 August	Sat	SPAR Women's Grand Prix Series	Tshwane	Dineo Diphoko	083 300 8268 Dineo.@thebldroup.com
P - RR	25 August	SUN	Absa RUN YOUR CITY TSHWANE 10K	Tshwane	Sue Forge	083 456 1015 sue.forge@stillwatersports.com
I - T&F	26 - 31 August	SAT - SAT	World Athletics U20 Championships	LIMA, PERU	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
SEPTEMBER						
N - CC	7 September	SAT	ASA Cross Country Championships	Athletics Vaal Triangle	ASA	076 133 6131

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				Venue: TBC	Thabang Maleka	ThabangM@athleticssa.co.za
A - CC	12 – 14 September	THUR -SAT	USSA Cross Country Club Championships	Mandela University , GQEBERHA	USSA Jazz Mnyengeza	076 262 9752 mnyengezammb@tut.ac.za
P – RR	15 September	SUN	Hollywood AC Durban series Race 10km	Kingsmea	Manfred Seidler	082 412 8872 Con_manfred.seidler@hollywoodbets.net
P – RR	24 September	TUE	Absa RUN YOUR CITY JOBURG 10K	Johannesburg	Sue Forge	083 456 1015 sue.forge@stillwatersports.com
A – CC	27 – 28 September	FRI – SAT	Primary & High Schools Cross Country Championships	Northern Cape Province	SASA Yvonne Schalk	076 766 7662 Yvonne.Schalk@gauteng.gov.za
OCTOBER						
I – RR	06 October	SUN	SPAR Women’s Grand Prix Series	Johannesburg	Dineo Diphoko	083 300 8268 Dineo.@thebldroup.com
I – RR	12-13 October	SAT - SUN	Sanlam Cape Town Marathon	Cape Town	Barry van Blerk	082 339 0748 barry@capetownmarathon.com
N – RR	26 October	SAT	ASA 5KM and 1 Mile Championships	Bloemfontein, University of the Free State	ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za
NOVEMBER						
I – RR	TBC	TBC	IAU 100KM World Championships	India	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
P – RR	03 November	SUN	Soweto Marathon	FNB Stadium Nasrec, Soweto	Soweto Marathon Trust	011 873 2726
P – RR	16 November	SAT	Hollywood AC Joburg series Race 10km	TBC	Manfred Seidler	082 412 8872 Con_manfred.seidler@hollywoodbets.net
DECEMBER						
N – T&F	7 December	SAT	ASA Sub - Youth Championships	Free State	ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za
I – T&F	24 December	TUE	Region 5 U20 Games	Windhoek, Namibia	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za

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