



# 2023 ASA NATIONAL FIXTURES LIST

## January 2023 VERSION

Key: I-International; N National; P- Provincial; A- Associate; OR: Off-Road Running; RR: Road Running; T&F: Track and Field; RW: Race Walking ; CC: Cross Country

Activity	Date	Day	Event	Venue	Organiser	Contact Details
<b>JANUARY</b>						
N - RW	28 January	Sat	ASA 35km Race Walking Championships & Open International	Cape Town	ASA Thabang Maleka	076 133 6131 <a href="mailto:ThabangM@athleticssa.co.za">ThabangM@athleticssa.co.za</a>
<b>FEBRUARY</b>						
A – T&F	11 February	Sat	Winelands International Para Athletics Competition	Coetzenburg	Mark BEAK	<a href="mailto:mark.beak@gmail.com">mark.beak@gmail.com</a>
I - CC	18 February	Sat	World Athletics Cross Country Championships	Bathurst, Australia	ASA Hezekiel Sepeng	076 037 6227 <a href="mailto:hezekiell@athleticssa.co.za">hezekiell@athleticssa.co.za</a>
I – RR	26 February	Sun	50km Nedbank Runified Breaking Barriers Race	Marine Park, GQEBERHA	Nick Bester	082 454 2222 <a href="mailto:nickb@lantic.net">nickb@lantic.net</a>
P - RR	26 February	Sun	Capital City Marathon	Msunduzi Athletics Stadium	Simphiwe Nccobo	063 185 3447 <a href="mailto:Info@capitacity42.co.za">Info@capitacity42.co.za</a>
<b>MARCH</b>						
P - T&F	10 – 11 March	Fri - Sat	ASA Provincial Championships	ASA Provinces	ASA Provinces	ASA Provinces
N – RR	12 March	Sun	ASA Marathon Championships	Durban, KwaZulu Natal	ASA Thabang Maleka	076 133 6131 <a href="mailto:ThabangM@athleticssa.co.za">ThabangM@athleticssa.co.za</a>
A - T&F	15 – 18 March	Wed – Sat	High Schools National Championships	Free State	SASA Peppi Olevano	082 550 7032 <a href="mailto:peppi.olevano@uvss.co.za">peppi.olevano@uvss.co.za</a>
<del>I – T&amp;F</del>	<del>17 – 19 March</del>	<del>Fri – Sun</del>	<del>World Athletics Indoor Championships (Cancelled)</del>	<del>Nanjing, CHINA</del>	<del>ASA Hezekiel Sepeng</del>	<del>076 037 6227 <a href="mailto:hezekiell@athleticssa.co.za">hezekiell@athleticssa.co.za</a></del>
P – RR	18 March	Sat	Om die Dam Ultra Marathon 50KM & 21KM (AIMS)	Hartbeespoort Holiday Resort, 5 Old Rustenburg Road, BRITS	Jaco Venter	083-222 9448 <a href="mailto:Jaco.venter@mtn.com">Jaco.venter@mtn.com</a>
A – T&F	19 – 21 March	Sun - Tue	Toyota SASAPD National Championships	Green Point, Cape Town	Lappies SWANEPOEL	<a href="mailto:lappies.atletiek@gmail.com">lappies.atletiek@gmail.com</a>
N - T&F	23 – 25 March	Thu – Sat	ASA U/16, U/18 (YOUTH) and U/20 (JUNIOR) Track & Field National Championships	Msunduzi Athletics Stadium	ASA Thabang Maleka	076 133 6131 <a href="mailto:ThabangM@athleticssa.co.za">ThabangM@athleticssa.co.za</a>

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N - T&F	23 – 25 March	Thu – Sat	Primary Schools National Championships	KwaZulu Natal	SASA Peppi Olevano	082 550 7032 peppi.olevano@uvss.co.za
<del>N – T&amp;F</del>	<del>24 – 25 March</del>	<del>Fri – Sat</del>	<del>ASA Relays + SA Multi Events Championships (Cancelled)</del>	<del>Mangaung Athletics Stadium – Bloemfontein</del>	<del>ASA Hezekiel Sepeng</del>	<del>076 037 6227 hezekiel@athleticssa.co.za</del>
N - T&F	30 March – 1 April	Thu – Sat	ASA Senior Track & Field National Championships	NWU McArthur Stadium	ASA Thabang Maleka	076 133 6131 ThabangM@athleticssa.co.za
<b>APRIL</b>						
P – RR	02 April	Sun	ABSA Run Your City 10KM	QWEBERHA	Agne Du Plessis	082 517 4799 agne@stillwatersports.com
N - T&F	12 April	Fri	ASA Athletics Grand Prix 1/ Continental Tour Challenger	Pilditch Stadium	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
I – RR	15 - 16 April	Sat - Sun	Two Oceans Ultra Marathon 56km (AIMS)	Cape Town	Debra Barnes	083 456 6720 debra@twooceansmarathon.org.za
<del>N - T&amp;F</del>	<del>14 April</del>	<del>Mon</del>	<del>Cape Milers Club/Endurocad Middle distance invitational 1</del>	<del>Green Point Stadium, Cape Town</del>		
<del>N - T&amp;F</del>	<del>17 April</del>	<del>Mon</del>	<del>Cape Milers Club/Endurocad Middle distance invitational 2</del>	<del>Green Point Stadium, Cape Town</del>		
N - T&F	19 April	Fri	ASA Athletics Grand Prix 2 / Continental Tour Challenger	Germiston Stadium	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
I – T&F	19 – 23 April	Wed – Sun	CAA African U18/U20 Championships	Zambia	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
<del>N - T&amp;F</del>	<del>24 April</del>	<del>Mon</del>	<del>Cape Milers Club/Endurocad Middle distance invitational 3</del>	<del>Green Point Stadium, Cape Town</del>		
N - T&F	26 April	Fri	ASA Athletics Grand Prix 3 / Continental Tour Challenger	NWU McArthur Stadium	ASA Hezekiel Sepeng	076 037 6227 hezekiel@athleticssa.co.za
<b>MAY</b>						
A - T&F	4 – 6 May	Thur – Sat	USSA Track & Field Championships	Nelson Mandela University - QWEBERHA	USSA Jazz Mnyengeza	072 262 9752 mnyengezammb@tut.ac.za
I - T&F	05 – 09 May	Fri – Tue	COSSASA Championships	TBC	SASA Peppi Olevano	082 550 7032 peppi.olevano@uvss.co.za
<del>N – T&amp;F</del>	<del>12/13 May</del>	<del>Fri / Sat</del>	<del>ASA Athletics Grand Prix 4 / Continental Tour Challenger (Cancelled)</del>	<del>OPEN FOR BIDDING</del>	<del>ASA Hezekiel Sepeng</del>	<del>076 037 6227 hezekiel@athleticssa.co.za</del>
<del>I – T&amp;F</del>	<del>13 – 14 May</del>	<del>Sat – Sun</del>	<del>World Athletics Relays Postponed to April / May 2025</del>	<del>Guangzhou, CHINA</del>	<del>ASA Hezekiel Sepeng</del>	<del>076 037 6227 hezekiel@athleticssa.co.za</del>
P – RR	14 May	Sun	ABSA Run Your City 10KM	Cape Town	Agne Du Plessis	082 517 4799 agne@stillwatersports.com
I – RR	27 May	Sat	SPAR Women's Grand Prix Series	QWEBERHA	Dineo Diphoko	+27 83 300 8268 dineo@thebldgroup.com
<b>JUNE</b>						
N – RR	03 June	Sat	Nelson Mandela Bay Half Marathon incorporating ASA Half	Pollock Beach, Summerstrand,	Irene van Eeden	irene@pe.co.za

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			Marathon Championships	GQEBERHA	Thabang Maleka	<a href="mailto:ThabangM@athleticssa.co.za">ThabangM@athleticssa.co.za</a>
I – RR	11 June	Sun	Comrades Marathon	KwaZulu Natal	Rowyn James	079 501 0061 <a href="mailto:rowyn@comrades.com">rowyn@comrades.com</a>
N – RR	17 June	Sat	ASA 5km Championships	Nasrec, Johannesburg	ASA Thabang Maleka	076 133 6131 <a href="mailto:ThabangM@athleticssa.co.za">ThabangM@athleticssa.co.za</a>
I – RR	25 June	Sun	SPAR Women's Grand Prix Series	Durban, KwaZulu Natal	Dineo Diphoko	+27 83 300 8268 <a href="mailto:dineo@thebldgroup.com">dineo@thebldgroup.com</a>
<b>JULY</b>						
National	01 July	Sat	ASA ANNUAL GENERAL MEETING	OR Tambo Garden Court	ASA Atlehang Mofokeng	065 911 1482 <a href="mailto:AtlehangM@athleticssa.co.za">AtlehangM@athleticssa.co.za</a>
P – RR	09 July	Sun	ABSA Run Your City 10KM	Durban, KwaZulu Natal	Agne Du Plessis	082 517 4799 <a href="mailto:agne@stillwatersports.com">agne@stillwatersports.com</a>
I – T&F	28 July – 08 August	Fri - Tue	FISU World Student Games	Chengdu - CHINA	USSA Jazz Mnyengeza	072 262 9752 <a href="mailto:mnyengezammb@tut.ac.za">mnyengezammb@tut.ac.za</a>
<b>AUGUST</b>						
I – T&F	02 – 10 August	Wed – Thu	Youth Commonwealth Games	Trinidad and Tobago	ASA Hezekiel Sepeng	076 037 6227 <a href="mailto:hezekiel@athleticssa.co.za">hezekiel@athleticssa.co.za</a>
I – T&F	05 – 10 August	Sat - Thu	African Games	Accra, GHANA	ASA Hezekiel Sepeng	076 037 6227 <a href="mailto:hezekiel@athleticssa.co.za">hezekiel@athleticssa.co.za</a>
I – RR	05 August	Sat	SPAR Women's Grand Prix Series	Tshwane, GAUTENG NORTH	Dineo Diphoko	+27 83 300 8268 <a href="mailto:dineo@thebldgroup.com">dineo@thebldgroup.com</a>
I – T&F RR	19 – 27 August	Sun – Sun	World Athletics Championships	Budapest, HUNGARY	ASA Hezekiel Sepeng	076 037 6227 <a href="mailto:hezekiel@athleticssa.co.za">hezekiel@athleticssa.co.za</a>
P – RR	27 August	Sun	ABSA Run Your City 10KM	Tshwane	Agne Du Plessis	082 517 4799 <a href="mailto:agne@stillwatersports.com">agne@stillwatersports.com</a>
<b>SEPTEMBER</b>						
N – CC	16 September	Sat	ASA Cross Country Championships	Nelson Mandela University - GQEBERHA	ASA Thabang Maleka	076 133 6131 <a href="mailto:ThabangM@athleticssa.co.za">ThabangM@athleticssa.co.za</a>
P – RR	24 September	Sun	ABSA Run Your City 10KM	Johannesburg	Agne Du Plessis	082 517 4799 <a href="mailto:agne@stillwatersports.com">agne@stillwatersports.com</a>
I – RR	30 Sep – 01 October	Sat – Sun	World Athletics Road Running Championships	Riga, LATVIA	ASA Hezekiel Sepeng	076 037 6227 <a href="mailto:hezekiel@athleticssa.co.za">hezekiel@athleticssa.co.za</a>
<b>OCTOBER</b>						
N - RW	TBC	TBC	ASA Inter-Provincial Race Walking Challenge	TBC	ASA Thabang Maleka	076 133 6131 <a href="mailto:ThabangM@athleticssa.co.za">ThabangM@athleticssa.co.za</a>
I – RR	01 October	Sun	SPAR Women's Grand Prix Series	Johannesburg	Dineo Diphoko	+27 83 300 8268 <a href="mailto:dineo@thebldgroup.com">dineo@thebldgroup.com</a>
I – RR	14 October	Sat	Cape Town Marathon	Cape Town	Renee Jordaan	083 230 9963

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						<a href="mailto:renee@capetownmarathon.com">renee@capetownmarathon.com</a>
I – RR	22 October	Sun	SPAR Women's Grand Prix Series	Cape Town	Dineo Diphoko	+27 83 300 8268 <a href="mailto:dineo@thebldgroup.com">dineo@thebldgroup.com</a>
National	28 October	TBC	ASA Council Meeting	OR Tambo Garden Court	ASA Atlehang Mofokeng	065 911 1482 <a href="mailto:AtlehangM@athleticssa.co.za">AtlehangM@athleticssa.co.za</a>
<b>NOVEMBER</b>						
N – RR	04 November	Sat	ASA 10KM Championships	Mbombela Stadium, Mpumalanga	ASA Thabang Maleka	076 133 6131 <a href="mailto:ThabangM@athleticssa.co.za">ThabangM@athleticssa.co.za</a>
I – RR	05 November	Sun	Soweto Marathon	FNB Stadium Nasrec, Soweto	Sello Khunou	082 683 6530 <a href="mailto:sello@sowetomarathontrust.com">sello@sowetomarathontrust.com</a>
<b>DECEMBER</b>						
N – T&F	02 December	Sat	ASA Sub Youth Inter-Provincials Championships	TBC	ASA Thabang Maleka	076 133 6131 <a href="mailto:ThabangM@athleticssa.co.za">ThabangM@athleticssa.co.za</a>

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