

#### ATHLETICS SOUTH AFRICA NPC

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To: **ASA Members** From: **ASA Office** Date: 06 April 2023 1 + 2 Attachments No pages:

**Dear ASA Members** 

### CIRCULAR 11 OF ASA 2023 - COACHES SELECTION CRITERIA TO INTERNATIONAL **CHAMPIONSHIPS**

Please find attached Coaches Selection Criteria to International Championships and application form.

Eligible Coaches must apply to ASA by completing the attached application form accompanied by a short coaching CV.

Applications must be sent to the following email address: Coaches@athleticssa.co.za

Closing date of applications: 13 April 2023 at 12h00

Kind Regards,

TERRENCE MAGOGODELA ASA: Acting CEO (Not signed due to electronic sending)

Mluleki GEORGE



## **COACHES SELECTION CRITERIA TO INTERNATIONAL CHAMPIONSHIPS**

#### A. MOTIVATION

The team management is composed of the following personnel based on the specific competition needs (e.g. Track & Field, Cross Country or Road Running)

- 1. The selection of event coaches will ensure that guidance is provided to athletes at all times at training, warmup/call room areas as well as in dealing with important feedback to the athletes during competition. The presence of event coaches will also ensure that effective support is provided in team events such as relays, marathon and even on route in the walk event. A Head Coach should be appointed to provide guidance and leadership, ensure compliance with the competition rules and deal with in-competition disputes (protests and appeals) together with the team managers.
- 2. Team coaches must be selected based on the nature of each competition, the allocated quota per nation approved by the respective LOC and the needs of the event groups selected. The team coaches selected must be in line with the number of athletes per specific event group (e.g. horizontal jumps, vertical jumps, sprints, hurdles, relays, marathon, etc.)

NB. The Mandate of the Coaches Committee is limited to the recommendations of the structure representing coaching in the team composition. It is however relevant for the coaches to reflect the needs of the team to ensure that the management of the athletes at the championships is effective. The Board of ASA shall reserve the right to approve all appointments and selections.

- 3. In the case of a Cross country and road running teams, a head coach as well as two team coaches must be selected to ensure sufficient support for athletes during the competition.
- 4. In the case of the World Relays, a Head Coach as well as a male and female team coach should be selected. This allows for better coordination and administration of the teams.
- 5. ASA must endeavor to balance the demographics in line with that which reflects the national demographics. However, this must be achieved on a merit basis.

#### **B. CRITERIA FOR THE SELECTION OF NATIONAL TEAM COACHES**

- 1. NATIONAL TEAM HEAD COACH The Head Coach must hold a minimum ASA level 3 or World Athletics level 2 qualification with at least 5 years coaching experience.
- 2. NATIONAL TEAM EVENT COACH Event coaches must hold a minimum ASA level 2 qualification and a proven record of coaching athletes in recognized provincial teams for a minimum of 3 years.
- 3. Team Coaches MUST:
  - 3.1. Be a registered ASA National Coach.
  - 3.2. Be in good standing with the respective provincial federation and/or relevant associate member.
  - 3.3. Be able to communicate effectively in English.
  - 3.4. Be willing to take direction and instruction.

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- 3.5. Be report on all areas of responsibility as and when requested to do so.
- 3.6. Be able to work under pressure and support large groups of athletes.
- 3.7. Conduct themselves in a professional and ethical manner.
- 3.8. Assist the team management with maintaining discipline.
- 4. Eligible coaches must apply to ASA by completing the application form provided by ASA and accompanied by a short coaching CV.

The application forms must be sent to <a href="mailto:coaches@athleticssa.co.za">coaches@athleticssa.co.za</a>
Deadline: 13 April 2023 at 12H00

NB. The Mandate of the Coaches Committee is limited to the recommendations of the structure representing coaching in the team composition. It is however relevant for the coaches to reflect the needs of the team to ensure that the management of the athletes at the championships is effective. The Board of ASA shall reserve the right to approve all appointments and selections.



# 2023 ASA COACHES APPLICATION FORM TO INTERNATIONAL CHAMPIONSHIPS

I hereby wish to apply to accompany ASA teams to International Championships as A Head Coach / Event Team Coach

I understand that my application will only take place if I am athletically active.

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Youth Commonwealth Games			02 – 10 August 23				Trinidad and Tobago			
Vorld Athletics Championships			19 – 27 August 23				Budapest, Hungary			
Vorld Athletics Road Running Championships			30 Sep – 01 Oct 23 05 November 23				Riga, Latvia			
IAU 50K World Champions	nips		U5 N	vovemb	er 23	Inc	dia			
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